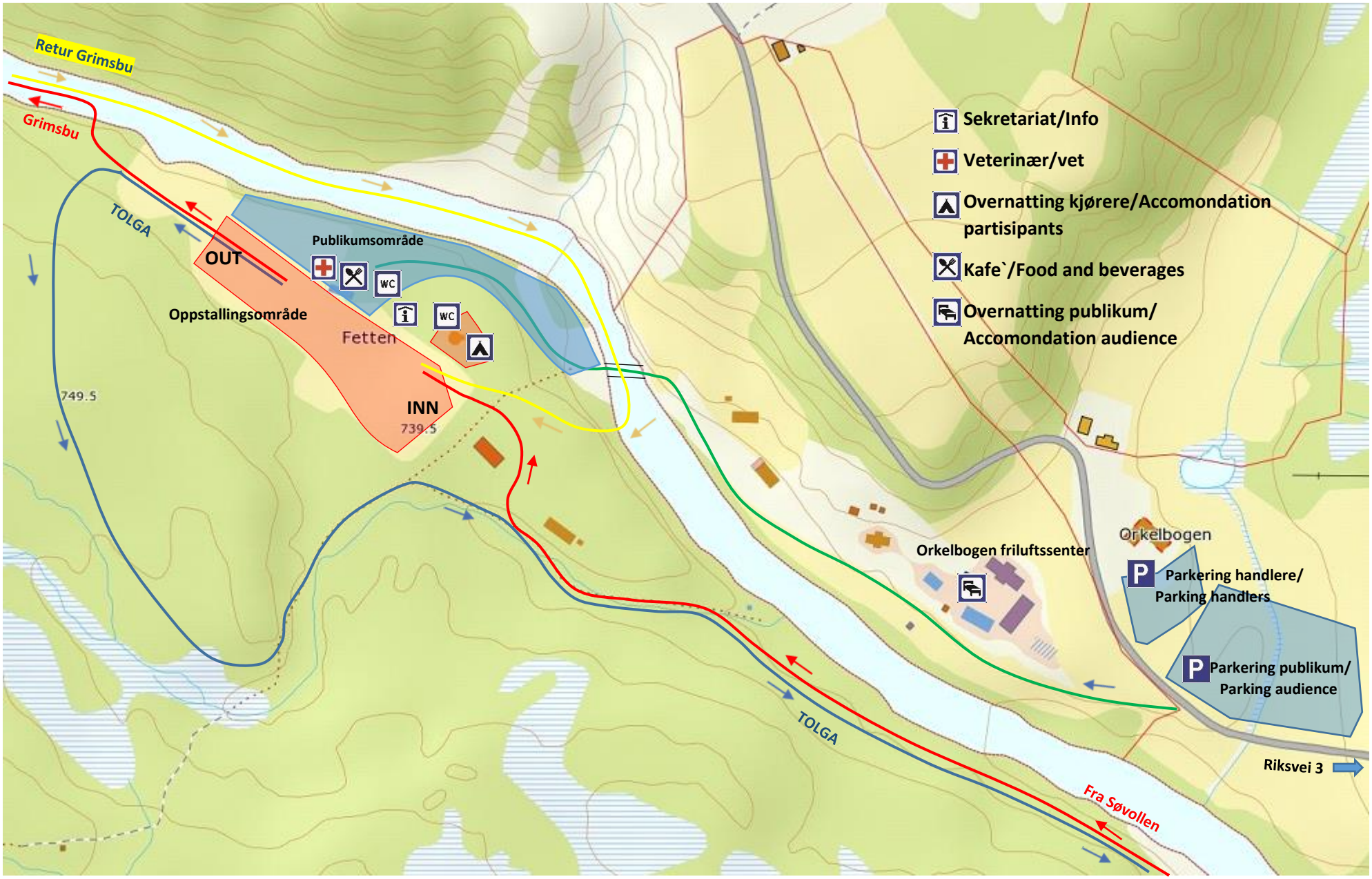SJEKKPUNKT ORKELBOGEN FEMUNDLØPET 2018